

The Training Room Hire Company

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From London Bridge Station, go to the lower level then (numbers apply to photos) 1 Follow signs for St Thomas Street / Guys Hospital. DO NOT take Duke Street or Tooley Street exits. 2 On leaving the station go to the end of the road and cross straight over passing McDonalds. 3 Turn left at end of the road. 4 Turn right past The Miller pub. 5 Cross over & take the park entrance. 6 Follow the path & bear right on leaving park. 7 Look for the pillar box and go through archway 8 Main entrance and cafe.

Please wait at the reserved table in the café for your trainer to collect you.

If you are late go direct to your training room. A notice at reception will show the room number. Please note: No food or drink is allowed in the training rooms. Enjoy your training!